



2023 - 2024

CSL Education Catalog



Centers For Spiritual Living

# Centers for Spiritual Living

Education Year

September 2023-August 2024

(Revision date is in page footer)

## Global Home Office

Centers for Spiritual Living

573 Park Point Drive

Golden, CO 80401

Phone (720) 496 1370

[www.csl.org](http://www.csl.org)

## CURRENT CLASSES OFFERED BY FOUNDER'S CENTER FOR SPIRITUAL LIVING (CSL)

Fall, 2023

Va al final por la información en  
español

## **Classes, Certificated/Accredited by Centers for Spiritual Living**

Classes (all by zoom) open to all and available to practitioners for Continuing Education units for license renewal:

### **English**

“The Essential Ernest” beginning Tuesday, September 26, 7:00 with Pat Gentry, RScP 10 weeks

“Building a Consciousness of Healing” Beginning Tuesday October 3, 7:00 pm with Rev. Dan Wentzel , 8 weeks

“Practitioner Studies” (formerly known as Practitioner II) Beginning Thursday, September 21, 7:00 with Alvin Turner, RScP\*; prerequisite, Advanced Studies of SOM 30 weeks

## **Classes for Personal Growth**

donation to Founder’s optional

### **English**

**Visioning Meditation for Your Life**—By zoom the third Sunday of every month, at 6:00., including September 17, Led by Rev. Dan Wentzel. ID 892 5772 1495 passcode Visioning;  
<https://us02web.zoom.us/j/89257721495?pwd=UXpLeWp4MzdKeDQ5azUzeksxYkNUdz09>

**SOM Discussion group**—“Thursday Night Live” Beginning September 14, 7:00 pm, led by Rev. Dan Wentzel; consciousness-raising discussions about the practical application of the Science of Mind and Spirit.  
<https://us02web.zoom.us/j/87934054450?pwd=NDFpdzI3ajcrYmx0OXVWUmJ2akdLUT09>

**Visioning Meditation for Founder’s Church**—led by Rev. Dan Wentzel; the first Sunday of every month, beginning Oct. 1; in person (Armor Lounge) 12:00. Everyone is welcome.

Call 213-388-9733, ext. 118 for more information. Leave a message for a call back.

## Español

### Clases Certificadas/Acreditadas

Cambia tu Pensamiento, y Cambiarás tu Vida, jueves, 7:00. pm, empezando 12 de octubre 6 semanas  
5 Regalos de la Vida Abundante, lunes, 7:00 pm empezando el 23 de octubre 8 semanas

### Clases por La Desarrolla Personal

Estudio de Libro, La Ciencia de la Mente; viernes a las 6:00 pm--continuando  
<http://zoom.us/j/86418016218>

\*RScP Religious Science Practitioner

## GENERAL INFORMATION FROM THE COURSE CATALOGUE OF CENTERS FOR SPIRITUAL LIVING

### Información en español sigue en rojo

Let us begin this section with a quote from our Founder, Ernest Holmes in *The Science of Mind*:

*Peace be unto thee, stranger, enter and be not afraid.*

*I have left the gate open and thou art welcome to my home.*

*There is room in my house for all.*

*I have swept the hearth and lighted the fire.*

*The room is warm and cheerful and you will find comfort and rest within.*

*The table is laid and the fruits of Life are spread before thee.*

*The wine is here also, it sparkles in the light.*

*I have set a chair for you where the sunbeams dance through the shade.*

*Sit and rest and refresh your soul. Eat of the fruit and drink the wine.*

*All, all is yours, and you are welcome.*

*May this be the spirit and vibration in each of our Science of Mind classrooms!*

# CERTIFICATED SCIENCE OF MIND CURRICULUM PATHWAYS OF EDUCATION



## Path to Professional Practitioner Training


|  |   |  |   |   |
|--|---|--|---|---|
| Choose 1<br>Foundations<br>Course  | Choose 1<br>Ernest Holmes<br>Philosophy Course  | Choose 1<br>History / Philosophy<br>Course   | Choose either 3 Consciousness courses <b>or</b><br>choose 2 Consciousness courses <b>and</b><br>1 Consciousness Elective  |   |
| <p style="text-align: center;">Foundations</p> <ul style="list-style-type: none"> <li>• Beyond Limits</li> <li>• Change Your Thinking Change Your Life*</li> <li>• Foundations of Science of Mind*</li> <li>• Spiritual Principles &amp; Practices*</li> </ul> | <p style="text-align: center;">E.H. Philosophy</p> <ul style="list-style-type: none"> <li>• The Essential Ernest Holmes*</li> </ul> | <p style="text-align: center;">History / Philosophy</p> <ul style="list-style-type: none"> <li>• Exploring the Roots of Science of Mind*</li> <li>• From Whence We Came</li> </ul> | <p style="text-align: center;">Consciousness</p> <ul style="list-style-type: none"> <li>✘ The Art And Science of Spiritual Mind Treatment*</li> <li>• Building a Healing Consciousness*</li> <li>✘ Consciousness and the Creative Process*</li> <li>• Meditation is More Than You Think</li> <li>• Mental Equivalents*</li> <li>• The Mystic Path</li> <li>✘ The Power of Your Word*</li> <li>✘ Powering Your Decisions*</li> <li>• Revealing Wholeness*</li> <li>• Self-Mastery*</li> <li>✘ Treatment and Meditation</li> <li>✘ Visioning: A Way of Life*</li> </ul> | <p style="text-align: center;">Elective</p> <ul style="list-style-type: none"> <li>• 5 Gifts for an Abundant Life</li> <li>• Ignite Your Life with Bible Wisdom</li> <li>• Infinite You As the Universe*</li> <li>• Journey of the Soul*</li> <li>• Principles of Successful Living</li> <li>• Prosperity Plus</li> <li>• Spiritual Economics*</li> <li>• The Seven Spiritual Laws of Success*</li> </ul> |

**Advanced Consciousness Studies Variance**

Courses required (in addition to a minister's approval) for acceptance into Advanced Consciousness studies for students not intending to continue on to Professional Practitioner Studies:  
1 Foundations Course and 2 courses marked ✘

\*Courses available online from Centers for Spiritual Living

Courses may be taken in any order, however it is recommended that students take a Foundations Course to begin studies or early in studies.



## CERTIFICATED COURSE REQUIREMENTS FOR ENTRY INTO PROFESSIONAL PRACTITIONER STUDIES (PRACTITIONER II)

6 Required Courses + completion of Advanced Consciousness Studies/Practitioner I

### I. FOUNDATION LEVEL COURSEWORK

Choose One:

- Beyond Limits
- Change Your Thinking Change Your Life
- Foundations of the Science of Mind
- Spiritual Principles and Practices

## **II. ERNEST HOLMES PHILOSOPHY**

Choose One:

- The Essential Ernest Holmes

## **III. HISTORY/PHILOSOPHY COURSEWORK**

Choose One:

- Exploring the Roots of Science of Mind
- From Whence We Came

## **IV. CONSCIOUSNESS**

Choose Three: [Optional: Choose two and then one from the Electives category]

- Building a Healing Consciousness
- Consciousness and The Creative Process
- Meditation is More Than You Think
- Mental Equivalents
- Power of Your Word
- Powering Your Decisions
- Revealing Wholeness (Spirit, Mind, Body)
- Self-Mastery: The Emergence of the True Self
- The Art and Science of Spiritual Mind Treatment
- Treatment and Meditation: Spiritual Practices for Daily Living
- Visioning: A Way of Life

## **V. ELECTIVES**

[May choose one in place of a Consciousness class]

- 5 Gifts for an Abundant Life
- Infinite You As the Universe

- Ignite Your Life with Bible Wisdom
- Journey of the Soul
- Principles of Successful Living
- Prosperity Plus I, II, III
- Spiritual Economics
- The Seven Spiritual Laws of Success

## DESCRIPTION OF CERTIFICATED COURSES

Not all classes are offered by Founder's at any given time. The classes with an \* indicate classes that we periodically offer. The list of classes currently being offered precedes this information.

## I. FOUNDATION LEVEL COURSEWORK

Choose one (1) from the following list of courses.

### **Beyond Limits**

Beyond Limits is a dynamic and innovative course designed to introduce new students, and individuals unfamiliar with the Science of Mind, to its foundational principles. Through engaging discussions, interactive activities, and fresh perspectives, participants will delve into topics such as Oneness, Spiritual Mind Treatment, the reciprocal Universe, the Creative Process, hidden beliefs, and other essential principles. Students will embark on a transformative journey of self-discovery, spiritual growth, and the realization of their fullest potential. This course welcomes individuals from all backgrounds, requiring only openness, curiosity, and a willingness to explore new ideas.

|                    |   |
|--------------------|---|
| Length of Course:  | 10 Modules  |
| Required Text:     | <i>How to Change Your Life</i> by Ernest Holmes<br><i>Creative Ideas</i> by Ernest Holmes |
| Suggested Tuition: | \$295.00 (includes \$45 registration fee)   |

### **\*Change Your Thinking Change Your Life**

*Change Your Thinking Change Your Life* is a course that empowers students to apply Science of Mind principles, practices, and methods in three crucial aspects of life. Through lectures, experiential exercises, and interactive discussions, participants will gain practical tools to cultivate thriving relationships, unlock abundance and prosperity, and promote overall well-being. This course offers a comprehensive understanding of how to integrate Science of Mind teachings into daily life in a way that creates more awareness and space for practical application and transformation.

|                   |                  |
|-------------------|------------------|
| Length of Course: | 6 Modules        |
| Required Text:    | No required text |

Suggested Tuition: \$170.00 (includes \$45 registration fee)

## **Foundations of the Science of Mind**

*Foundations of The Science of Mind* delves into the fundamental principles of spiritual understanding and personal growth. Through the exploration of concepts such as God, the Creative Process, Grace, Wholeness, Attraction, Abundance, Living in the Flow, Oneness, Immortality, and Joy, students will develop a deeper connection to their inner selves and the divine. Engaging in practices like journaling and listening, affirmations, meditation, and visioning, moving from fear to faith, gratitude, forgiveness, Christ consciousness, and celebration, participants will cultivate self-awareness, empower their thoughts and beliefs, and create space for greater awareness and expansion. This course invites individuals to embrace their authentic selves, expand their awareness, and actively engage spiritual principles in their everyday lives.

Length of Course: 10 modules  
Required Text: *The Science of Mind* by Ernest Holmes  
Suggested Tuition: \$295.00 (includes \$45 registration fee)

## **Spiritual Principles and Practices**

*Spiritual Principles and Practices* is an immersive course that invites students to explore the depths of their inner spirituality and discover the transformative power of Science of Mind principles. Through this course, participants will gain a clear understanding of the principles, practices, and methods employed in Science of Mind teachings. By identifying a personal intention and connecting it to the relevant principles and practices, students will learn to align their desires with spiritual wisdom. They will also learn to apply a diverse range of methods that support their intentions, including meditation, affirmations, visualization and more. Through this course, individuals will embark on a profound journey of self-discovery, spiritual growth, and intentional manifestation.

Length of Course: 5 Modules  
Required Text: *This Thing Called You* by Ernest Holmes  
Suggested Tuition: \$170.00 (includes \$45 registration fee)

## **II. ERNEST HOLMES PHILOSOPHY COURSEWORK**

### **\*The Essential Ernest Holmes**

The Essential Ernest Holmes is a comprehensive course that explores the profound writings of Ernest Holmes, providing a deep exploration of his transformative teachings. From his introspective and devotional writings to his impassioned teachings to future leaders, this course uncovers the essence of Holmes' wisdom. By recognizing his love for humanity and his ability to perceive beyond surface-level problems, participants will discover the timeless relevance of his teachings which foreshadowed modern



psychology. Holmes emphasized the boundless power of human choice in shaping thoughts and emotions, connecting the human condition to our infinite potential. This course serves as an illuminating exploration of Ernest Holmes' writings, enabling participants to delve into the depths of his teachings and gain invaluable insights into the nature of consciousness and spirituality.

Length of Course: 10 Modules

Required Text: *The Essential Ernest Holmes* by Dr. Jesse Jennings

Suggested Tuition: \$295.00 (includes \$45 registration fee) III HISTORY/PHILOSOPHY COURSEWORK

Choose one (1) from the following list of courses

### **\*Exploring the Roots of Science of Mind**

*Exploring the Roots of Science of Mind* is a captivating course that takes students on a fascinating journey into the historical origins of Ernest Holmes' transformative philosophy in the United States. With a specific focus on the influential works of Thomas Troward, Emma Curtis Hopkins, and Ralph Waldo Emerson, participants will gain an understanding of the intellectual and spiritual foundations that shaped Holmes' teachings. Through in-depth exploration, students will delve into the profound insights of these visionary thinkers, discovering the seeds of wisdom that later blossomed into the Science of Mind philosophy. This course serves as a rich tapestry of knowledge, connecting students to the intellectual lineage that underpins the Science of Mind philosophy and deepening their appreciation for the insights that have shaped the spiritual landscape of the philosophy as we know it today.

Length of Course: 10 Modules

Required Text: *The Science of Mind* by Ernest Holmes

*Emerson's Essays* by Ralph Waldo Emerson

*The Edinburgh Lectures on Mental Science* by Thomas Troward

*Scientific Christian Mental Practice* by Emma Curtis Hopkins

Suggested Tuition: \$295.00 (includes \$45 registration fee)

### **From Whence We Came**

If you have a passion for history, then *From Whence We Came* is the perfect course for you. Unlike traditional history courses that focus on memorizing dates and names, this course delves into the captivating history of ideas. It explores how these ideas converged within American culture, ultimately giving rise to the philosophies of Religious Science and the broader New Thought movement. Through engaging lectures and thought-provoking discussions, students will gain a deep understanding of the historical journey that led to the birth of Religious Science and New Thought. This course is a unique opportunity to explore the rich intellectual heritage that has shaped our understanding of spirituality and personal transformation.

Length of Course: 10 Modules

Required Text: *Emerson's Essays* by Ralph Waldo Emerson  
*The Edinburgh Lectures on Mental Science* by Thomas Troward  
*Scientific Christian Mental Practice* by Emma Curtis Hopkins

Suggested Tuition: \$295.00 (includes \$45 registration fee)

#### **IV. CONSCIOUSNESS COURSEWORK**

Choose three (3) from the following list of courses.

##### **\*The Art and Science of Spiritual Mind Treatment**

*The Art and Science of Spiritual Mind Treatment* is a transformative course that highlights the principles and practices of Science of Mind, with a particular focus on the powerful tool of daily Spiritual Mind Treatment. Through the integration of these principles and the practice of Spiritual Mind Treatment, this course provides students with a dynamic opportunity to engage in intentional manifestation. By harnessing the principles and techniques taught in this course, students will develop the skills to heal, overcome challenges, and transform the conditions of their own lives, as well as positively impact the lives of others. This course serves as a gateway to unlocking the art and science of Spiritual Mind Treatment, empowering students to create profound shifts through the use of affirmative prayer and the creative process.

Length of Course: 8 Modules  
Required Texts: *The Science of Mind* by Ernest Holmes and  
*Five Steps of Freedom* by Dr. John Waterhouse  
Suggested Tuition: \$245.00 (includes \$45 registration fee)

##### **\*Building a Healing Consciousness**

*Building a Healing Consciousness* is an empowering course that explores the transformative potential of our inner lives and the immense power of our thoughts. This course offers an exploration of individual consciousness, guiding students towards awakening, enrichment, and expansion. By studying Spiritual Mind Treatment, mental equivalents, and other teachings rooted in New Thought principles, students will embark on a journey of external inquiry and internal transformation. Through these practices, students will learn to cultivate a healing consciousness, unlocking their full potential and deepening their connection to the divine presence within. This course will empower students to create a new way of living and contribute to the realization of a better world.

Length of Course: 8 Modules  
Required Text: *The Science of Mind* by Ernest Holmes  
*The Joy of Meditation* by Jack & Cornelia Addington  
Suggested Tuition: \$245.00 (includes \$45 registration fee)

## **\*Consciousness and The Creative Process**

(updated version of The Creative Process in the Individual)

Consciousness and The Creative Process is an illuminating course that draws inspiration from Thomas Troward's seminal work, *The Creative Process in the Individual*. Troward's ability to bridge the inner realm of thoughts with the physical universe serves as the cornerstone of this course. Troward's approach is grounded in Universal principles, demonstrating how they can be applied to shape the future. This course explores the intricacies of the Creative Process and provides students with the opportunity to expand their minds and hearts, gaining the ability to consciously create.

Length of Course: 6 Modules

Required Text: *Creative Process in the Individual* by Thomas Troward Suggested

Tuition: \$195.00 (includes \$45 registration fee)

## **\*Meditation is More Than You Think**

*Meditation Is More Than You Think* is an immersive introductory course that guides students through the transformative journey of meditation, exploring its diverse modalities and applications. This comprehensive course takes participants step-by-step, unveiling the power of meditation through various techniques and practices. From meditation with light and mantras to sound, movement, and breathwork, students will embark on an experiential journey each module. This hands-on approach equips students with a versatile toolkit of meditation practices to enhance their personal practice at home, enabling a deeper and more fulfilling meditation experience.

Length of Course: 8 Modules

Required Text: *An Easy Guide to Meditation* by Roy Eugene Davis - CSA Press, 1978

Choose One: *How to Meditate* by Lawrence LeShan - Bantam, 1975

**or**

*Journey of Awakening* by Ram Dass - Bantam, 1978

Suggested Tuition: \$245.00 (includes \$45 registration fee)

## **\*Mental Equivalents**

*Mental Equivalents* is a transformative core course rooted in the teachings of Science of Mind. This course propels students into a realm of true potential by harnessing the power of the Law of Mental Equivalents. Students will embark on a journey to uncover the fundamental principle that every tangible manifestation in the Universe is preceded by a corresponding mental image. Through this course, students will learn how to measure and expand their thinking, allowing them to create a more expansive mental image that aligns with their deepest desires. By delving into the depths of this transformative principle, students will unlock the key to manifesting their greatest aspirations and experiencing the tangible demonstration of their dreams.

Length of Course: 5 Modules

Required Text: *The Mental Equivalent* by Emmet Fox (a pamphlet)

Tuition: \$170.00 (includes \$45 registration fee)

### **\*The Mystical Path**

*The Mystical Path* offers the student a journey into Oneness. This course provides an opportunity to study the perspective of a mystic to expand our awareness of the Divine Presence in life. Students will identify the common, timeless truths of mystics, and how these truths relate to the principles, practices, and teachings of the Science of Mind. They will explore their own beliefs and experiences with the intention to discover their own mystical perspective. Students will be invited into a greater understanding of the growth of consciousness and learn how the principle of Oneness has a direct impact on the life they live. Lastly, they will present an end-of-course creative project to signify the embodiment of learning that took place during the course.

Length of Course: 7 Modules

Required Text: *The Mystic Heart: Discovering a Universal Spirituality in World Religions*, New World Library (March 2, 2001), Teasdale, Wayne 1999  
ISBN-13: 978-1577311409 or Amazon Kindle Version

*Mysticism: A Talk Given by Ernest Holmes at Asilomar –*

Available at the Science of Mind Archives

<https://scienceofmindarchives.com/product/mysticism/> *A Holmes Reader*

*on Practical Wisdom –*

Available at the Science of Mind Archives <https://scienceofmindarchives.com/product/a-holmesreader-on-practical-wisdom/>

Suggested Tuition: \$220.00 (includes \$45 registration fee)

### **\*Power of Your Word**

*The Power of Your Word* is a transformative course that uncovers the awe-inspiring potential of Spiritual Mind Treatment. Each module of this course offers a profound exploration of prayer, providing students with a thoughtful approach to understanding its deeper dimensions. Students will delve into topics such as the nature of the Divine and humanity in relation to prayer, the influence of creative laws and beliefs, discerning what to pray for, mastering affirmative treatment, and cultivating a state of continuous prayer. This course goes beyond theory, incorporating experiential exercises that bring these concepts to life, allowing students to embody and experience the power of prayer firsthand.

Length of Course: 8 Modules

Required Text: *How to Use the Science of Mind* by Ernest Holmes  
*Can We Talk to God?* by Ernest Holmes  
*Effective Prayer* \* by Ernest Holmes

*Effective Prayer* included at end of *Can We Talk to God?* or available at the Archives.

Suggested Tuition: \$245.00 (includes \$45 registration fee)

## **\*Powering Your Decisions**

*Powering Your Decisions* is a life changing course that guides students on a journey of self-discovery to unlock their untapped potential and achieve better results with confidence and clarity in all aspects of life. This course provides a pathway to uncover the greater ideas that reside within, enabling the ability for students to attract new and empowering ideas into their lives. Through practical spiritual tools and exercises, students will gain mastery in applying these tools to make decisions about their health, happiness, creativity, and overall fulfillment. This course emphasizes the power of releasing thoughts that no longer serve and offers hands-on self-assessments to deepen spiritual understanding and strengthen a relationship with Spirit, God, and the Divine Nature of the Universe.

|                           |  |
|---------------------------|--|
| Length of Course:         | 8 Modules  |
| Required Text:            | <i>The Power of Decision</i> , Tarcher Perigee, Barker, Raymond Charles<br>ISBN-13: 978-1585428540   |
| Required Workbook:        | <i>Power Your Decisions Self-Study Workbook: An Up-To-Date Guide to Dr. Barker's Revolutionary Classic</i> by Pamela D. Grey<br>ISBN-13: 978-1-61063-143-3 |
| Workbooks purchased here: | <a href="http://www.poweryourdecisions.com">www.poweryourdecisions.com</a>   |
|                           | Coupon code: PYDCSL  |
| Suggested Tuition:        | \$245.00 (includes \$45 registration fee)  |

## **Revealing Wholeness**

*Revealing Wholeness* offers students an essential application of Science of Mind Principles and Practices, exploring the profound interrelationship between Spirit, Mind, and Body. Students will explore the depths of Science of Mind teachings to understand how the principles can be practically applied to align and harmonize the spiritual, mental, and physical aspects of their being. Through this exploration, students will discover the power of integrating science and spirituality, leading to a deeper understanding of their own wholeness and facilitating a transformative journey of self-discovery and spiritual growth.

|                    |  |
|--------------------|--|
| Length of Course:  | 7 Modules  |
| Required Text:     | <i>Mind Over Medicine</i> by Dr. Lissa Rankin<br><i>The Science of Mind</i> by Ernest Holmes |
| Suggested Tuition: | \$220.00 (includes \$45 registration fee)  |

## **\*Self-Mastery: The Emergence of the True Self**

*Self-Mastery: The Emergence of the True Self* is a course centered around healing the perceived separation between personality and Spirit. This course invites students to embark on an active exploration of their creative nature, including thoughts, feelings, beliefs, and emotions, to gain mastery in living conscious and intentional lives. Through a combination of deep introspection and practical exercises, students will uncover the profound connection between their inner selves and their spiritual

essence. By embracing this integration, students will unlock the ability to live authentically, aligning their actions with their true selves and experiencing profound personal growth and self-realization.

Length of Course: 8 Modules

Required Text: *Living the Science of Mind* by Ernest Holmes Suggested

Tuition: \$245.00 (includes \$45 registration fee)

### **\*Treatment and Meditation: Spiritual Practices for Daily Living**

*Treatment and Meditation: Spiritual Practices for Daily Living* places a strong emphasis on cultivating lifelong habits of meditation and Spiritual Mind Treatment. Throughout this course, students will explore the practice of Spiritual Mind Treatment, initially focusing on treating themselves and then progressing towards treating others. With a comprehensive review and strengthening of self-treatment techniques, students will develop a deep understanding of the principles and application of Spiritual Mind Treatment. Additionally, this course guides students in establishing a solid foundation for a regular meditation practice, empowering them to harness the transformative power of meditation in their daily lives.

Length of Course: 10 Modules

Required Text: *Journey of Awakening* by Ram Dass

*Can We Talk To God?* by Ernest Holmes

Suggested Tuition: \$295.00 (includes \$45 registration fee)

### **\*Visioning: A Way of Life**

*Visioning: A Way of Life* is an inspiring course that invites participants to embark on a journey of self-discovery and purposeful living. In this course, participants will explore the power of visioning, a practice that has the potential to revolutionize every facet of their lives. By regularly engaging in visioning, participants will gain clarity about their life purpose, deepen their interpersonal relationships, and positively impact the world around them. Over the span of six modules, this course explores the intricacies of the visioning process, providing participants with practical tools, thought-provoking questions, and guidance on leading a vision-led life. Through this course, participants will embark on a path of self-realization, empowerment, and manifesting their truest visions.

Length of Course: 6 Modules

No required text

Suggested Tuition: \$195.00 (includes \$45 registration fee)

## **V. CONSCIOUSNESS ELECTIVES**

## **\*5 Gifts for an Abundant Life**

This transformative course serves as an invitation to a profound and enriching journey. Through a carefully curated curriculum, students will learn invaluable tools and techniques to cultivate abundance in their lives. Participants will not only gain a deep understanding of the five transformative gifts, but they will also have the practical wisdom to apply these gifts, unlocking a pathway to a truly abundant and fulfilling life.

Length of Course: 8 Modules

Required Text: *5 Gifts for an Abundant Life* by Diane Harmony Suggested

Tuition: \$245.00 (includes \$45 registration fee)

## **Ignite Your Life with Bible Wisdom**

*Ignite Your Life with Bible Wisdom* explores the transformative power of parables and biblical stories in our spiritual journey. This course introduces students to various methods of interpreting stories from the Hebrew Bible, providing a solid foundation for understanding the teachings of Jesus. Through engaging discussions, role-playing, problem-solving exercises, and creative arts expressions, students will breathe life into these ancient parables while exploring biblical wisdom and its application in everyday life.

Length of Course: 10 Modules

Required Text: *Learn to Live* by Ervin Seale

*Holy Bible* by George Lamsa or other

Optional Text: *Metaphysical Dictionary* by Charles Fillmore

Suggested Tuition: \$295.00 (includes \$45 registration fee)

## **Infinite You as the Universe**

This transformative course is designed to guide participants on a journey of self-discovery and spiritual growth. By reading, analyzing, and engaging in discussions surrounding the book *This Thing Called You*, students will learn to integrate its profound concepts into their daily lives. This course further equips students with spiritual mind treatment and visioning techniques, enabling them to directly experience the Divine Nature of life. Through examining and analyzing various spiritual practices, participants will discover effective anchors for conscious living. Participants will be equipped with the knowledge to articulate the interconnectedness of all life and the reciprocal relationship between the individual and the Universe, gaining insights into how these principles apply directly to their own lives.

Length of Course: 8 Modules

Required Text: *This Thing Called You* by Ernest Holmes

Suggested Tuition: \$245.00 (includes \$45 registration fee)

## **Journey of the Soul**

*Journey of the Soul* combines the principles of Science of Mind with the transformative practices of daily meditation, emotional healing, practical application, self-love, soul presence, and life direction. This course provides students with an integrative approach that draws from both spiritual psychology and the Science of Mind philosophy. By engaging with this course, students embark on a dynamic opportunity to deepen their understanding and application of these principles and techniques. Through the journey of self-discovery and personal growth, students will unlock their true potential, cultivate soul presence, and align their lives with their highest purpose. With a focus on practical application, emotional healing, and daily meditation, this course empowers students to engage in the transformative journey of self-realization and spiritual evolution.

|                       |   |
|-----------------------|---|
| Length of Course:     | 6 Modules                                   |
| Required Text:        | <i>Magic of the Soul</i> by Patrick Harbula |
| Suggested Tuition:    | \$195.00 (includes \$45 registration fee)   |
| CSL Registration Fee: | \$45/student                                |

## **\*Principles of Successful Living**

*Principles for Successful Living* takes students on a journey of personal growth, deepening their understanding and application of spiritual principles. Through this course, participants will explore various life-enrichment processes and ways to integrate these processes in such a way that empowers them to create positive change in their lives and the world around them.

|                    |  |
|--------------------|--|
| Length of Course:  | 8 Modules  |
| Required Text:     | <i>The Science of Mind</i> by Ernest Holmes<br><i>The Joy of Meditation</i> by Jack & Cornelia Addington |
| Suggested Tuition: | \$245.00 (includes \$45 registration fee)  |

## **\*Prosperity Plus: Versions I, II or III**

### Versions I & II

*Prosperity Plus I & II* are transformative 10-week video-based courses designed to empower individuals with new ways of living, focusing on the spiritual practices that cultivate an abundant life. Led by the renowned instructor Mary Morrissey, these dynamic and easily accessible programs offer a roadmap to positively impact participants by guiding them away from fear, scarcity, and limited thinking towards a life brimming with possibility, prosperity, and promise. Through engaging instruction, participants will learn practical techniques and mindset shifts that unlock their potential for personal and financial growth, enabling them to thrive in all areas of their lives.



*Living “Full Spectrum” Wealth* is a transformative 7-week course where students embark on a journey of dream-building and explore the art and science of personal transformation. Through this program, participants will uncover powerful techniques to dissolve the limiting beliefs and barriers that hinder their success. They will learn practical tools to harmonize their lives with the Universal Laws that govern success, enabling them to manifest financial abundance and experience a state of “Full Spectrum” Wealth in all aspects of life.

Length of Course: 7 - 10 Weeks (depending on version)  
Text: See below for curriculum/text information  
Suggested Tuition: See below for cost of course  
CSL Registration Fee: \$45.00/student

To order your Prosperity Plus Instructor and Participant Packages go to:

Prosperity Plus I: [prosperityplusprogram.com](http://prosperityplusprogram.com) (Hard copy: Instructor: \$79 Student: \$49)

Prosperity Plus II: [prosperityplusprogram.com/nextstep](http://prosperityplusprogram.com/nextstep) (Hard copy: Instructor: \$79 Student: \$49) Digital download: Instructor: \$59 Student: \$39 (See below for digital student material details)

Digital download and hard copy combo: Instructor: \$99

Prosperity Plus III: [prosperityplusprogram.com/digital-3](http://prosperityplusprogram.com/digital-3) (Hard copy: Instructor: \$79 Student: \$49)

Digital Download: Instructor: \$59 Student: \$39

Digital download and hard copy combo: Instructor: \$99

Cost of Course: Instructors pay a one-time materials fee for course curriculum and are able to teach the course as many times as they would like. Start dates of courses must be registered with Prosperity Plus. Spiritual Communities agree to tithe 10% of the money collected during the course to LifeSolutions, Inc., as outlined in the agreement between the Community and Prosperity Plus. Instructor places student materials order for hard copy materials only. Students pay instructors a \$49 hard copy materials fee. Students purchasing digital materials receive a download link from the instructor. Students pay \$39 for digital materials on website. Students agree to tithe 10% of their income during the course.

Student registration information: Instructors collect the \$45 CSL registration fee upon course signup. At the end of the course, the Spiritual Community sends in registration form and fee for student course credit. If the student has completed a Prosperity Plus course previously and this course has been properly registered with Home Office, students do not need to be registered for this course again with CSL, and therefore are not required to pay the \$45 registration fee. Because the curriculum is not copyrighted by CSL and only one Prosperity Plus course can count toward Practitioner Training, the review fee is unnecessary.

For more program information please contact:

Rev. Colleen Schuerlein

Ministries Program Director

[colleen@marymorrissey.com](mailto:colleen@marymorrissey.com)

Business: 503-922-3460

Office: 720-279-8988

For CSL registration information please

contact: CSL Education Program Coordinator

[spiritualdevelopment@csl.org](mailto:spiritualdevelopment@csl.org)

### **\*The Seven Spiritual Laws of Success (SOM 215)**

This course offers a comprehensive exploration of the principles outlined by Deepak Chopra, MD, in his influential book *The Seven Spiritual Laws of Success*. Through engaging video sessions featuring Dr. Chopra addressing a live audience, this course highlights the key concepts of the seven laws, illuminating our intrinsic connection to them. Students will not only gain a deep understanding of their true nature in relation to these laws, but will also acquire practical tools to integrate these principles into their daily lives. Participants will be empowered to embody these transformative laws and embark on a journey towards personal fulfillment and success.

Length of Course: 8 Modules

Required Text: *The Seven Spiritual Laws of Success* by Deepak Chopra, MD

Suggested Tuition: \$245.00 (includes \$45 registration fee)

### **\*Spiritual Economics**

*Spiritual Economics* is an empowering course that delves into prosperity, offering students an understanding of the fundamental metaphysical principles that shape our financial well-being. Through this class, participants will acquire practical knowledge and tools to effectively apply these principles in their everyday lives. Whether you are a new student or have an advanced understanding, this solution-oriented course provides a sensible approach to cultivating abundance and is tailored to meet the needs of all participants. It is a transformative journey that encourages aligning spiritual and economic paths for the purpose of supporting a life of prosperity and fulfillment.

Length of Course: 8 Modules

Required Text: *Spiritual Economics* by Eric Butterworth

Suggested Tuition: \$245.00 (includes \$45 registration fee)

## **VI. PROFESSIONAL PRACTITIONER TRAINING—Students will learn the details of the Practitioner Training Courses through their initial classes in SOM.**

### **\*Advanced Consciousness Studies (Practitioner Training: Year 1)**

Advanced Consciousness Studies focuses on how life got to be this way and does a deep dive into personal beliefs. Students can expect to know themselves and the beliefs they hold more deeply. This class also focuses on spiritual practice and the use of spiritual mind treatment to make conscious changes and shifts for transformation in a student's life.

## **\*Professional Practitioner Studies (Practitioner Training: Year 2)**

The second year of professional practitioner studies is about “The Life of the Professional Practitioner.” It focuses on the consciousness, skills, and responsibilities of the Practitioner, and the relationship of the Practitioner to the Principles we teach, to the client, to the process in healing, to the spiritual center, to the community and to the world.

# REQUIRED READING FOR SCIENCE OF MIND CERTIFICATED COURSES

Many classes require the *Science of Mind* by Ernest Holmes. There are multiple editions of the *Science of Mind*.

It is recommended that students purchase the paperback edition by Tarcher-Putnam. Other editions may have different content and/or page numbering. The ISBN-13 for the text is: ISBN 9780874779219

### **5 Gifts for Abundant Life**

*5 Gifts for an Abundant Life*

Rev. Diane Harmony

### **The Art and Science of Spiritual Mind Treatment**

*Five Steps of Freedom*

John Waterhouse

*The Science of Mind*

Ernest Holmes

### **Beyond Limits**

*How to Change Your Life*

Ernest Holmes

*Creative Ideas: A Spiritual Compass for Personal Expression*

Ernest Holmes

### **Supplemental Reading**

*Living the Science of Mind*

Ernest Holmes

*This Thing Called You*

Ernest Holmes

*Meditation*

Eknath Easwaran

*Everyone Is Right*

Roland

Peterson *The Self-Aware Universe*

Amit

Goswami

*Forgive and Forget*

Lewis B. Smedes

*The Game of Life and How to Play It \**

Florence Scovill Shinn

## **Building a Healing Consciousness (103)**

*The Science of Mind*

Ernest Holmes

*Joy of Meditation*

Jack & Cornelia Addington

## **Change Your Thinking, Change Your Life**

No required text

## **Consciousness and the Creative Process**

*The Creative Process in the Individual*

Thomas Troward

## **The Essential Ernest Holmes**

*The Essential Ernest Holmes*

Jesse Jennings

## **Exploring the Roots of Science of Mind**

*The Science of Mind*

Ernest Holmes

*Emerson's Essays*

Ralph Waldo Emerson

*Edinburgh Lectures on Mental Science*

Thomas Troward

*Scientific Christian Mental Practice*

Emma Curtis Hopkins

### **Supplemental Reading**

*Living the Science of Mind*

Ernest Holmes

*This Thing Called Life*

Ernest Holmes

*Emerson's Essays*

Ralph Waldo Emerson

*The Creative Process in the Individual*

Thomas Troward

*The Word and the Law*

Thomas Troward

*High Mysticism*

Emma Curtis Hopkins

*Spirits in Rebellion: The Rise and Development of New Thought*

Charles S. Braden

*Ernest Holmes: His Life and Times*

Fenwicke Holmes

## **Foundations of the Science of Mind**

*The Science of Mind*

Ernest Holmes

*It is About You (optional)*

Kathy Juline

## **From Whence We Came**

*Emerson's Essays*

Ralph Waldo Emerson

*The Philosophy of Ernest Holmes* (Vol. 1 of the Holmes Papers) \*\*

Ernest Holmes

*Scientific Christian Mental Practice*

Emma Curtis Hopkins

*The Edinburgh and Doré Lectures on Mental Science*

Thomas Troward

## **Ignite Your Life With Bible Wisdom**

*Learn to Live*

Ervin Seale

*Holy Bible*

George Lamsa or others

### **Supplemental Reading**

*Metaphysical Dictionary*

Charles Fillmore

## **Infinite You As the Universe**

*This Things Called You*

Ernest Holmes

## **Journey of the Soul**

*Magic of the Soul*

Patrick Harbula

## **Mental Equivalents**

*The Mental Equivalents*

Emmet Fox

## **The Mystical Path**

The Mystic Heart: Discovering a Universal Spirituality in World Religions

Wayne Teasdale,

Mysticism: A Talk Given by Ernest Holmes at Asilomar

*SOM Archives*

A Holmes Reader on Practical Wisdom

SOM Archives

## **Power of Your Word**

*How to Use the Science of Mind*

Ernest Holmes

*Can We Talk to God?*

Ernest Holmes

*Effective Prayer\**

Ernest Holmes

*Effective Prayer* included at end of *Can We Talk to God?* or available at the Archives.

## **Powering Your Decisions**

*The Power of Decision*

Raymond Charles Barker

*Power Your Decisions Self-Study Workbook: An Up-To-Date Guide to Dr. Barker's Revolutionary Classic.*

Pamela D. Grey

## **Principles of Successful Living (104)**

*The Science of Mind*

Ernest Holmes

## **Prosperity**

### **Plus**

No required

book

## **Revealing Wholeness**

*Mind Over Medicine*

Lissa Rankin

*The Science of Mind*

Ernest Holmes

## **Self-Mastery: The Emergence of the True Self**

*Living the Science of Mind*

Ernest Holmes

## **The Seven Spiritual Laws of Success (215)**

*The Seven Spiritual Laws of Success*

Deepak Chopra

## **Spiritual Economics (205)**

*Spiritual Economics*

Eric Butterworth

## **Spiritual Principles and Practices**

*This Thing Called You*

Ernest Holmes

## **Treatment and Meditation: Spiritual Practice for Daily Living**

*Journey of Awakening*

Ram

*Dass Can We Talk To God?*

Ernest Holmes

### **Supplemental Reading:**

*The Science of Mind*

Ernest

*Holmes The Voice Celestial*

Ernest Holmes

*Living the Science of Mind*

Ernest Holmes

*Joy of Meditation* (required at some Centers)

Jack and Cornelia Addington

## **Visioning**

No required book

*\*Designates books available through the Science of Mind Archives & Library Foundation*

*website:* [www.scienceofmindarchives.com](http://www.scienceofmindarchives.com). Go to the "Search" tab and type in the book you are seeking

*\*\*The Philosophy of Ernest Holmes (Vol. 1 of the Holmes Papers) is out of publication. All three volumes of the Holmes Papers are now republished as one book for a very low price: The Ernest Holmes Papers.*

*It can be found on [www.amazon.com](http://www.amazon.com)*

## **Advanced Consciousness Studies (Practitioner Training Year I)**

*The Science of Mind*

Ernest Holmes

*Living the Science of Mind*

Ernest Holmes

## **Professional Practitioner Training (Practitioner Training Year II)**

The Professional Practitioner Training course utilizes the following books. Please purchase the books before the start of the course. The page numbers for the required readings, quotes, and passages come from the following International Standard Book Number (ISBN) versions. Chapter references assist users who have a different version of the required text. Kindle users are encouraged to use the search feature to locate the required reading.

*The Science of Mind* - Holmes, Ernest. 1938 edition ISBN-13 : 9780874779219

**Note:** Many classes require *The Science of Mind* by Ernest Holmes. There are multiple editions of *The Science of Mind*. It is recommended that students purchase the paperback edition by Tarcher-Putnam. Other editions may have different content and/or page numbering.

*Living the Science of Mind* - Holmes, Ernest. ISBN-13: 978-0875166278

*Creative Mind and Success* - Holmes, Ernest. ISBN-13: 978-1614274759

*Seven Thousand Ways to Listen* - Nepo, Mark. ISBN-13: 978-1451674682

*The Four Spiritual Laws of Prosperity* - Gaines, Edwene. ISBN-13: 978-1594861956

*Mind Over Medicine: Scientific Proof that You Can Heal Yourself* - Rankin, Lissa, M.D. ISBN-13: 978-1401944261

*Conscious Loving: The Journey to Co-Commitment* - Gay and Kathlyn Hendricks. ISBN-13: 978-0553354119

*Who Dies? An Investigation of Conscious Living* - Stephen and Ondrea Levine. ISBN-13: 978-0385262217

*Stained-Glass Spirit* - Tracy Brown, RScP. ISBN-13: 978-1889819501

## **Información de los Cursos en Español de la cataloga del Centro de la Vida Spiritual**

**Nos referimos a los Cursos Certificados a los cursos ofrecidos por CSL, sin tomar en cuenta el Entrenamiento de Practicante (Estudios de Consciencia Avanzada y Estudios de Practicante Profesional) Estos cursos se dividen en categorías de Nivel:**

**Fundamental, Filosofía, Historia, Consciencia y Optativas.**

**El propósito de un curso certificado es brindar a las personas una comprensión clara y una aplicación práctica de los Principios de la Ciencia de la Mente. Estos cursos, reconocidos por CSL, tienen como objetivo promover el crecimiento espiritual asegurando que las personas comprendan y sean capaces de integrar estos principios en su vida cotidiana.**

Además, las horas dedicadas a estudiar en un curso certificado se pueden contar para cumplir con los requisitos previos para la inscripción en el Programa de Estudios de Practicante Profesional en CSL. Estos cursos están abiertos a cualquiera que busque mejorar su viaje espiritual.



**REQUISITOS DE CURSOS CERTIFICADOS PARA INGRESAR A LOS ESTUDIOS PARA PRACTICANTE PROFESIONAL—Los con \* son los que ofrecemos de vez en cuando. Cada termo vamos a anunciar las clases disponibles.**

**Se requieren seis cursos antes de tomar los Estudios de Consciencia Avanzada y Practicante I. Cada una de estas es 30 horas.**

**La Charta indica cuantas clases necesita en cada grupo:**

**1. NIVEL FUNDAMENTAL**

**Escoge Uno De Los Sigüientes Cursos:**



## **Fundamentos De Ciencia De La Mente**

### **Más Allá De Los Límites**

- \*Cambia Tu Forma De Pensar Y Cambarás Tu Vida**
- Prácticas Y Principios Espirituales**

## **2. FILOSOFÍA DE ERNEST HOLMES**

**Se requiere el siguiente curso por ser el único en esta categoría:**

- \*Lo Esencial de Ernest Holmes**

## **3. HISTORIA/FILOSOFÍA**

**Escoge uno de los siguientes cursos:**

- \* Explorando Las Raíces De Ciencia De La Mente**
- ☐ Sendero Hacia La Iluminación**

## **4. CONSCIENCIA**

**Escoge tres de los siguientes cursos**

**[Opcional: Escoge dos y una de nivel opcional]**

- \* Dominio De Mi Propio Ser: El Surgimiento Del Verdadero Yo**
- \* Equivalentes Mentales**
- \* El Arte Y La Ciencia Del Tratamiento Espiritual Mental**
- ☐ Las Conferencias De Edimburgo (SOM 207)**
- \*Misticismo Práctico**
- \*Tratamiento Y Meditación: Prácticas Espirituales Para La Vida Diaria**
- ☐ Sendero Hacia La Iluminación (si no se hubiera llevado como curso de Filosofía)**
- \*Sintonización: Un Modo de Vida (Próximamente - Invierno 2023)**

## **5. OPCIONALES**

- \*5 regalos para una vida abundante**
- \* Sintonización**
- \*Economía Espiritual**
- \* Ese Algo Llamado Tú**

**Llame a 213-388-9733, x 118 por más información. Por favor, deja un mensaje y podemos llamarte.**